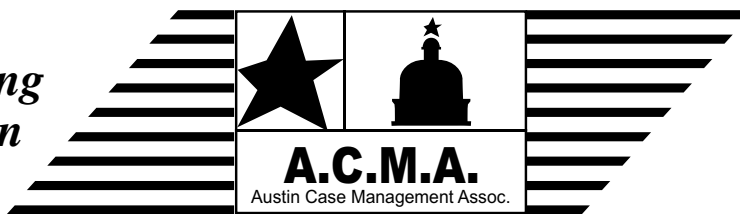


*Continuing  
Education*



*Networking  
Opportunities*

*for Healthcare Professionals*

February 2004

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators



**Join us for our next meeting**

**February 10th ★ 11:15 a.m. - 1 p.m.**

**North Austin Medical Center ★ 2nd Floor Classroom**



This month's meeting will be held at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, February 10th, 2004. (Click here for [MapQuest Directions](#)) The meeting will begin at 11:45 am preceded by lunch from approximately 11:15-11:45 am.

You can RSVP on our web site, [www.austin-cma.org](http://www.austin-cma.org) Click on "RSVP", complete the information, and you are done. If you do not have internet access, please call the RSVP phone line, 860-8184, and leave a short message with the number of people attending. Visitors are welcome for a \$5.00 charge which includes lunch and the CEU's.

This month's topic will be:

**"Depression and Anxiety: Review and update"** by Dr. William L. ("Bud") Holcomb, Jr.

Dr. Holcomb is a neuropsychiatrist with the Neuropsychiatric Associates of Austin. He is also a Clinical Instructor for the Austin State Hospital Residency Program. As if that was not enough, Dr Holcomb is on the Board of

Directors for Marbridge: A Non-Profit Community Living for People with Cognitive Disabilities. He works closely with St. David's Hospital, Seton Hospital, and Shoal Creek Hospital.

An Interesting fact about Dr. Holcomb: he began his education in Animal Health Science receiving a B.S. in Zoology.

This month's meeting is sponsored by **Wyeth**.

Wyeth is a major research-oriented enterprise serving the health needs of people in over 100 countries. Wyeth has a long history of pioneering developments in pharmaceuticals and is a leader in the areas of women's healthcare, cardiovascular and metabolic disease therapies, anti-inflammatory agents, central nervous system drugs, oncology/immunology, infectious disease, anti-infectives, and vaccines. Wyeth's principal products include Premarin, Prempro, and Premphase, Effexor and Effexor XR, Sonata, and Protonix. The organization includes Wyeth Laboratories, Wyeth International, Inc., Wyeth Research and Genetics Institute.

## **Continuing Education Opportunity: Pain Assessment & Management in the Patient with Dementia**

WHAT: **Free CEs & Lunch**

CE's: 1 Contact/Clock Hour- RN/LVNs,  
Social Workers

WHEN: Tuesday, February 17, Noon -1:30 p.m.

WHERE: Arden Courts of Austin *Alzheimer's Assisted Living* 11630 Four Iron Drive Austin, TX 78750 (off Hwy. 183 & Spicewood Springs Road)

WHO: Leigh Fredholm, M.D. Diplomate ABFP,  
ABHPM

Dr. Fredholm has been the Medical Director of Hospice Austin since 1998 and founded Central Texas Palliative Care Assoc. in Austin. She is actively involved with family members dealing

with both physical and emotional aspects of end-of-life care through her private practice and with Hospice Austin.

TOPIC: Pain Assessment & Management in the Patient with Dementia

How can a healthcare professional or family member determine when an individual with impaired cognition and verbal communication is in pain? Dr. Fredholm will discuss levels of cognitive impairment, assessment tools, medications for pain and their use for the cognitively impaired.

R.S.V.P. Barbara at 918-2800 by 2/16/04 at noon.

## Job Announcement

The Round Rock Health Clinic has a job opening for a social worker/case manager – bachelor's degree in social work or related field required, some case management experience required, ability to speak Spanish preferred, starting salary \$30K, position will start in March or April. Contact **Andrew Martinez**, Chief Executive Officer of the Round Rock Health Clinic, for more information. Email: [AMartinez@roundrockhealthclinic.org](mailto:AMartinez@roundrockhealthclinic.org), Website: [www.roundrockhealthclinic.org](http://www.roundrockhealthclinic.org), Phone: 512-255-5120, fax: 512-255-5268, Mailing Address: 2120 N. Mays, Suite 430, Round Rock, Texas 78664-2166.

## Membership

Membership applications are slowly trickling in. Please remember the membership renewal grace period for 2004 is close to its end. You may download your membership renewal form from our website at [http://www.austin-cma.org/membership\\_forms.html](http://www.austin-cma.org/membership_forms.html). ACMA membership committee members will also have blank Membership applications on hand at the meeting. Please turn in your Membership application and dues as soon as possible. ACMA thanks you for commitment to ACMA.

## Newsletter information

For announcements or Job postings, please e-mail Rose Vera at [Newsletter@austin-cma.org](mailto:Newsletter@austin-cma.org) by the 20<sup>th</sup> of the month. Thank you to Victoria Bovard, Arden Courts and to Laura McManus, Practical Care Continuum, Inc. for your promptness and information.

## National Healthcare Recognition for February

Women's Heart Health Day • Cardiac Rehabilitation Week • Cardiovascular Professionals Week • Have-A-Heart Day • February Heart Month • February Low Vision Awareness Month • Patient Recognition Week Pride in Food Service Week • Wise Mental Health Consumer Month

## 2004 ACMA Officers and Committee Chairs

### President

Cindy Lawless, Odyssey Hospice, [president@austin-cma.org](mailto:president@austin-cma.org)  
512/310-0214

### Vice-President

Lillian Phillips, LMSW—Home Care Supply  
[vice-president@austin-cma.org](mailto:vice-president@austin-cma.org), 512/302-0407 ext. 333

### Secretary

Lee Bowman, RN, Bowman Insurance  
[secretary@austin-cma.org](mailto:secretary@austin-cma.org), 512/836-1234

### Treasurer,

Staci Dement, AccuMed Home Health  
[treasurer@austin-cma.org](mailto:treasurer@austin-cma.org), 512/423-9250

### Newsletter

Rose Marie Vera, LVN,  
Summit at Lakeway Assisted Living Residences,  
[newsletter@austin-cma.org](mailto:newsletter@austin-cma.org), 512/261-7146

### Membership

Lee Bowman, RN, Bowman Insurance  
[membership@austin-cma.org](mailto:membership@austin-cma.org), 512/836-1234

### Finance

Staci Dement, AccuMed Home Health  
[finance@austin-cma.org](mailto:finance@austin-cma.org), 512/423-9250

### Scheduling & Education

Mary Uherek, CCM, CDMS, St. David's Rehabilitation  
[education@austin-cma.org](mailto:education@austin-cma.org), 512/867-5140

Austin, TX 78714-1206

P.O. Box 141206

