

Continuing Education  *Networking Opportunities*

for Healthcare Professionals **November 2013**

Enhancing professional skills and relationships for Austin-area Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

**Join us for our monthly meeting
Tuesday, November 12 ★ 11:45 a.m.**



This month's meeting will be at the Austin State Hospital, at the Nifty Fifty #626 Tuesday, November 12, 2013 ([See Map Quest Directions](#)). The meeting will begin at 11:45am preceded by lunch from approximately 11:15-11:45am. You can RSVP on our web site, www.austin-cma.org. Click on "RSVP," complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs. **PLEASE RSVP**

Our topic this month is "Lymphedema," presented by **Christina Hankins- PT, CLT,**

CWS. Christina will be covering the anatomy and physiology of the lymph and circulatory system, characteristics of edema, discuss Lymphedema vs edema, and Identify treatment options.

Christina received her Master's in Physical Therapy at Texas State in 2003. While working at St. David's Hospital in 2004 she managed a wound care program and developed policies and procedures for a skin care team. In 2005 she received her CLT and since then has worked primarily with lymphedema clients

in various setting including; acute, in and outpatient and home health. Christina has attended many advanced courses on both wound care; certified wound care specialist in 2007 and lymphedema treatment, including certification with the Norton School. She lectures to local community groups, clinicians and physicians regarding lymphedema and wound care as well as chairs a local lymphedema support group. Currently, she is employed at Accolade Home Health where she has developed, marketed, and grown the only home health lymphedema program in Austin, Texas.

This month's Food Sponsor

San Gabriel Rehabilitation and Care Center is one of Round Rock's newest skilled nursing facilities. We accept Medicare, Private Pay, Medicaid and some insurances. We offer PT, OT and ST in our 3500 square foot state of the art rehab gym. We also have a specialized pulmonary care program designed to meet the needs of the pulmonary patients post hospitalization and patients with chronic pulmonary conditions with a full time respiratory therapist on staff. We accept new and existing tracheotomies, bi-pap, c-pap, IPPB and clinically complex patients. We also offer IV and advanced wound care therapies. San Gabriel has dedicated single occupancy rooms with private bathrooms and showers available. All rooms offer flat screen TVs and telephones. 512-334-800



This month's Speaker Sponsor

At Accolade Home Care, we know how important it is to be in the familiar comfort of your own home. We'll help you stay there by handling the difficult tasks that keep you healthy and independent. We're always available when you need us - 24 hours a day, seven days a week. Accolade Home care provides: Skilled Nursing, Therapy (physical, occupational, speech), Home Care Aides, Cardiac Care, Memory Care, Parkinson's care, Psychiatric Nursing, wound and lymphedema care. www.accoladehomecare.com or contact them at 512-238-6000



Annual ACMA Holiday Networking Pot Luck Party



The holiday season is fast approaching us! This year's Annual ACMA Holiday Networking Pot Luck Party will be held on December 10th from 11:30-1pm at the Nifty Fifty Conference Center.

We will NOT have a scheduled speaker. This time is set aside for fellowship, eating good food, and of course, there are always the GREAT door prizes! ACMA will provide the meats, drinks, and eating utensils. So start searching for that favorite dish. If you have any questions, please contact a board member.

This is the only monthly meeting when members are allowed to display their company information. Please keep this to a minimum as space is always limited.

Check the Jobs & Events pages of our website

Remember the “Job Posting” and “Events” tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to newsletter@austin-cma.org. (Posting subject to board approval).



Thank you to everyone who came out to support the events benefiting Drive A Senior programs last month.

Stay in touch with the Central Texas Association of Healthcare Quality

Please visit the [Central Texas Association of Healthcare Quality \(CTAHQ\) website](#) and [Facebook page](#). CTAHQ meets the third Fridays of the month, except for October when the statewide TAHQ conference occurs, and December. We plan to change our meeting location to St. David's later in the year, for a change of pace.

Looking for Food Sponsors for the Monthly Meetings

If you or your company is interested in sponsoring the food for our monthly meeting, please contact Lorna Allen, 512-627-1644 or Jessica Merritt, 512-431-7779. We have a couple of months open. Sponsors are given space in the newsletter to put their company's info and logo, space at the meeting for their collateral and time at the beginning of the meeting to talk about their company – don't delay, sign up now.



We would like to thank AUSTIN STATE HOSPITAL again for allowing us to have our monthly meeting at the Nifty Fifty Conference Room during 2013

Elections for the 2014 Board of Directors

The end of the year is fast approaching and it is that time to elect our new board. If you are interested in serving on the board, please contact one of the 2013 board members. Once the new Board has been nominated, we will be emailing out the 2014 Ballots after the November meeting.

ACMA 2013 Board of Directors

President	Stacie Dement	Health South	512-423-9250
Vice President	Terri Martinez	Parmer Woods	512-835-9080
Secretary	Jessica Merritt	Accolade Home Care	512-431-7779
Treasurer	Lee Bowman, RN	Bowman Insurance	512-836-1234

2013 Committee Chairpersons

Membership	Valerie Krueger	Colonial Gardens	512-799-6515
Scheduling & Education	Jessica Merritt	Accolade Home Care	512-431-7779
	Lorna Allen, LBSW	Heavenly Care Senior Home Care & Statewide Moving	512-627-1644
Conference	Lee Bowman, RN	Bowman Insurance	512-836-1234

“Happily Ever After in Case Management... Making Dreams Come True”



Save the Date... April 10, 2014



It's not just any Fairy Tale... It's a journey through the Land of Enchantment.



Attend the ACMA Conference Committee Meeting

The conference committee's next meeting is Nov. 20th @ 2pm at HealthSouth. The committee is finalizing the topics and securing the speakers. If you are interested in being on the conference committee, please try and attend this meeting or let us know.

Vendor booth reservations forms are online

[Download the vendor reservation forms from our website.](#) Please visit the conference link on the website for more information or email conference@austin-cma.org.

THANK YOU to the 2014 ACMA Conference Sponsors!

Acadian Ambulance Services, Centre for NeuroSkills, CORE Health Care, Encompass Home Health, Epic Health Services, HealthSouth, Reliant Central Texas, River Kids Pediatric Home Health, and Warm Springs Specialty Hospitals