

*Continuing Education*  *Networking Opportunities*

**A.C.M.A.**  
Austin Case Management Assoc.

*for Healthcare Professionals* **November 2014**

**Enhancing professional skills and relationships for Austin-area Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators**

**Join us for our monthly meeting on Tuesday, November 11 We are back at ASH!**

This month's meeting will be at the Austin State Hospital, at the Nifty Fifty #626 Tuesday, November 11, 2014 ([See Map Quest Directions](#)). You can RSVP on our web site, [www.austin-cma.org](http://www.austin-cma.org).

**Please note the time change, due to unforeseen problems at ASH, the meeting will begin at 11:30 a.m. preceded by lunch from approximately 11:00 to 11:30 a.m.**

Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs. [PLEASE RSVP](#)

Our topic this month "Combating Compassion Fatigue" presented by **Michelle Martinez, RN, MSN, CHPH.**

Day in, day out, compassionate workers strive to perform in heart-wrenching environments that constantly present emotional challenges. Compassion Fatigue symptoms are normal displays of chronic stress resulting from the care-giving work they choose to do. This course is designed to educate caregivers and supervisors of caregivers and is necessary to help prevent Compassion Fatigue to ensure the best care is provided to patients and their families. By the

end of this presentation, participants will be able to define Compassion Fatigue, describe its contributing factors, identify its signs and symptoms, discuss ways to recover from it, and discuss ways to prevent it from occurring.

Michelle has worked in home health, hospice for 6 years as a Certified Hospice and Palliative care RN. She received her BSN and Masters of Science in Nursing from UT Health Science Center in San Antonio. She started out her official nursing career in the Cardiac Intensive Care Unit, she say that officially because she is a Veteran of Desert Storm- USAF Reserves, served with the 32nd Aeromedical Evacuation Group as an Aeromedical Evacuation Specialist (Medic).

*Appropriate for entry, intermediate, and advanced disciplines. (1.2 Contact Hours: Nursing; 1.0 Contact Hours: Social Worker)*

**Annual ACMA Holiday Networking Pot Luck Party at The Summit at Northwest Hills**

Please join us for our Annual Holiday Networking Party on **December 9th**. This year's Pot Luck Party will be at The Summit at Northwest Hill from 11:30-1pm We will NOT have a scheduled speaker. This time is set aside for fellowship, eating good food, and of course, there are always the GREAT door prizes! ACMA will be providing the meats, drinks, and eating utensils. So start searching for that favorite dish. If you have any questions, please contact a board member.



*This is the only monthly meeting when members are allowed to display their company information. Please keep this to a minimum as space is always limited.*

**This month's Speaker Sponsor**



Opening its first hospice in 1979, [Hospice Compassus](#) is a family of community-based hospices. Our nationwide network is a vast resource benefiting both patients and families. Hospice Compassus has a common culture around three core values: compassion, integrity, and excellence. Our primary goals are to provide the highest quality hospice care and service in every community in which we operate, and to be both the hospice provider of choice and hospice employer of choice. At the heart

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**This month's Dessert Sponsor**

Longhorn Health Solutions Durable Medical Equipment and Pharmacy corporate office is located right here in the Austin area at 11310 West Hwy 290, Austin, Texas 78737 with over 10 distribution centers in Texas. We won the Medicare Competitive



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**This month's Food Sponsors**



There's no place like home, especially when you're not feeling well. Our homelike setting and wonderful staff help you enjoy life with expert and responsive care. Whether you need somewhere for just a few days or a more supportive long-term arrangement, we can help. Our staff will work with you and your family to come up with a care schedule

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**Capital EMS** is a private, locally owned and managed medical transportation company that provides 911 and non-emergent ambulance and wheelchair van service for patients and residents throughout Central Texas. We partner with hospitals, acute care and rehabilitation providers, skilled nursing, memory care, and assisted living communities, psychological and behavioral treatment centers, stand-alone ER's, and other health-related institutions, while servicing individuals in residential areas as well. Providing

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## Check the Jobs & Events pages of our website

### OUT OF EXILE: Connecting Faith, Community and Mental Illness

A conference focused on helping all kinds of faith communities engage & provide support to families and individuals living with mental illness.

**When:** Thursday, November 13, 2014; 9:30 a.m. -3:30 p.m.  
**Cost:** Free with lunch and resource handouts included.  
**Flyer:** [Download here](#)  
**Registration:** [austinseminary.edu/exile](http://austinseminary.edu/exile)



Remember the "Job Posting" and "Events" tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to [newsletter@austin-cma.org](mailto:newsletter@austin-cma.org). (Posting subject to board approval).

For other events, please visit the [Central Texas Association of Healthcare Quality \(CTAHQ\) website](#) and [Facebook page](#).

# SAVE THE DATE ACMA Annual Conference

## OCTOBER 29, 2015

**Visit our website for  
Sponsorship Forms  
after the first of the year!**

## Looking for Speakers, Speaker Sponsors and Food Sponsors for the Monthly Meetings

If you or your company has a great speaker and have CEU's or are interested in sponsoring the food for our monthly meeting, please contact Shallen Conner at 512-431-7131 or Lorna Allen at 512-627-1544.

Sponsors receive space in the newsletter to put their company's info and logo, space at the meeting for their collateral and time at the beginning of the meeting to talk about their company – don't delay, sign up now!

### This month's Speaker Sponsor, Hospice Compassus continued from front page

of who we are stands compassion. True compassion is a very personal and private experience shared between caring people, and it is best expressed by those closest to you. This is why the people of Hospice Compassus live among you and have served you for years. Compassus, building on our Values and our Six Pillars of Success, makes a difference in the lives of the people we touch... patients, families, professionals who serve them and our Colleagues. Today we serve over 3000 patients and their families and employ over 1300 Colleagues in over 50 communities.



### Shenandoah Villa, Food Sponsor continued from front page

that's just right for you. We can help you stop worrying and focus on your health. Call us today to set up a time to discuss your specific needs! Visit our [website](#) at or call us at 512-257-7526



### Capital EMS, Food Sponsor continued from front page

excellence in patient care, along with outstanding customer service, is how we built and maintain our reputation. It remains our goal for every call. Have questions or want more information? Please contact Juliebeth Benko at 512.734.2147 or [juliebethbenko@live.com](mailto:juliebethbenko@live.com).



### Longhorn Health Solutions, Dessert Sponsor continued from front page

Bidding contracts across Texas for Enteral Nutrition, Hospital Beds, Oxygen, CPAP, Wheelchairs and Walkers. LHS Pharmacy & Parata Pass Packs provide easy to tear-off plastic pouches containing your meds, organized by date and time. The prescriptions can be mailed or delivered to your home for FREE. A Registered Dietitian, Leslie Stratton is available full-time to help assist your enteral tube fed patients at home. Give Leslie a call at 512-565-1005 or fax a referral to 866-496-3944.



## WANTED: Dessert Sponsors



If yours is a small agency that can't quite afford to sponsor a monthly meeting with lunch how about sponsoring Desserts at a monthly meeting. If interested contact Lorna Allen 512-627-1544 or Shallen Conner at 512-431-7131.



## ACMA 2014 Board of Directors

President	<b>Terri Martinez</b>	Horizon Bay	512-238-7200
Vice President	<b>Jessica Merritt</b>	Accolade Home Care	512-431-7779
Secretary	<b>Staci Dement</b>	HealthSouth	
Treasurer	<b>Lee Bowman, RN</b>	Bowman Insurance	512-836-1234

## 2014 Committee Chairpersons

Scheduling & Education	<b>Lorna Allen, LBSW</b>	Heavenly Care Senior Home	512-627-1644
	<b>Shallen Connor</b>	Care & Statewide Moving	
		Accolade Home Care	512-659-5905
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