

Continuing Education Networking Opportunities



for Healthcare Professionals **September 2013**

**Enhancing professional skills and relationships for Austin-area
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators**

Join us for our monthly meeting Tuesday, September 10 ★ 11:45 a.m.

This month's meeting will be at the Austin State Hospital, at the Nifty Fifty #626 Tuesday, September 10, 2013 ([See Map Quest Directions](#)). The meeting will begin at 11:45am preceded by lunch from approximately 11:15-11:45am. You can RSVP on our web site, www.austin-cma.org. Click on "RSVP," complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs. **PLEASE RSVP**

Our topic this month is "Diabetes and Fall Risk: Special

Considerations in Improving Quality of Life for Older Adults" presented by **Corrie Garnet, LVN**. Corrie is a Nurse Liaison for Healthsense Homecare who has worked extensively with Seniors and their health issues. As the world's population ages, chronic diseases have become the most common cause of death. Most people over 65 have at least one chronic disease and half will have three or more. Diabetes is one of the most prevalent; 75% of people over age 80 have diabetes or pre-diabetes and treatment options

may differ from younger patients. The elderly also have the highest risk of falls with one in three persons over 65 falling every year. Older people with diabetes have been found to have a higher risk of falls and when there is a fall; hip fracture is twelve times more likely. This course will explore the identification and management of diabetes and fall risk and evidence based guidelines for management and prevention, as well as a discussion of special considerations in improving the quality of life and health care for older adults.

This month's Food Sponsor

New LifeStyles is "The Source for Senior Living", offering the original free print comprehensive guide to senior communities and care options in the Austin Area and 40 other areas across the US & Canada. We also host an all-inclusive nationwide website, iPhone App and mobile site.



Our new site features an area specifically for social workers & case managers, containing tools for more specific searches, with the ability to save, share and print searches & results.

This month's Speaker Sponsors

Falls and medication errors are the two biggest threats to independent living. That's why **Philips Lifeline** provides the #1 [Medical Alert Service](#) and [Medication Dispensing Service](#) to offer you something else: peace of mind. Dependability in a medical alert system is key to peace of mind. That's why doctors, hospitals, and professional caregivers trust our Medical Alert Service. Think of the people and services you trust to work, even when they're top of mind. Like a seatbelt that secures you in an accident, we help you when you need it most. **Jim Sease** has been a part of ACMA for years and helps ACMA with its Audio/Visual needs during the conferences. Feel free to call him at 512-407-9640 for more information on Lifeline.

Health Sense Home Care is a locally owned and operated medical home care company located at 5555 North Lamar Blvd, Building K-123 in Austin, Texas. We offer Skilled nursing services, Physical Therapy, Occupational Therapy, Speech Language Pathology; we also have a medical social worker as well as home health aides. We are currently serving communities as far north as Temple and areas south as far as north San Antonio. 512-474-8885



Attend the ACMA Conference Committee Meeting

2:00 p.m September 25 at HealthSouth

The committee is finalizing the topics and securing the speakers. If you are interested in being on the conference committee, please try and attend this meeting or let us know.

Sign up NOW to be a SPONSOR for the 2014 ACMA Conference

Please visit the [conference page](#) to download a sponsor application or email conference@austin-cma.org for more information.

"Happily Ever After
in Case Management...
Making Dreams Come True"



Save the Date...
April 10, 2014



It's not just any Fairy Tale...
It's a journey through
the Land of Enchantment.



We would like to thank
AUSTIN STATE HOSPITAL
again for allowing us to have
our monthly meeting
at the
Nifty Fifty Conference Room
during 2013

The **RSVP** count enables
the food sponsors to know
how many to allot for
lunch so **PLEASE** go to our
website to **RSVP** for the
meeting.

Check the Jobs & Events pages of our website

Remember the "Job Posting" and "Events" tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to newsletter@austin-cma.org. (Posting subject to board approval).

Shenandoah Villa BBQ Bonanza & Silent Auction

Benefiting Drive A Senior | 512-310-1060

Thursday, October 10th • Noon to 2:00 p.m.

\$10/plate with To-Go Options available

1623 Shenandoah Drive, Cedar Park, TX 78613 | 512-257-7526

Sponsored by: Harbor Hospice, Acadian Ambulance, Sagebrook Health & Rehab, Accolade HomeCare, What's For Lunch, Heavenly Care Senior Home Care & Statewide Moving, The Cottages at Chandler Creek, and Highland Estates.



TIME TO RENEW! 2013 ACMA membership

The 2013 membership application is on our website at www.austin-cma.org. You may bring the completed form to the next meeting. Membership is good from January 2013 through December 2013. All renewals are due by April 2013. To ensure you receive the newsletter via email, please be sure to include your email address on your application. Also, don't forget to specify which committee(s) you would like to serve.

Stay in touch with the Central Texas Association of Healthcare Quality

Please visit the [Central Texas Association of Healthcare Quality \(CTAHQ\) website](#) and [Facebook page](#). CTAHQ meets the third Fridays of the month, except for October when the statewide TAHQ conference occurs, and December. We plan to meet at Brackenridge for the summer, and change our meeting location to St. David's later in the year, for a change of pace.

ACMA 2013 Board of Directors

President	Stacie Dement	Health South	512-423-9250
Vice President	Terri Martinez	Parmer Woods	512-835-9080
Secretary	Jessica Merritt	Accolade Home Care	512-431-7779
Treasurer	Lee Bowman, RN	Bowman Insurance	512-836-1234

2013 Committee Chairpersons

Membership	Valerie Krueger	Colonial Gardens	512-799-6515
Scheduling & Education	Jessica Merritt	Accolade Home Care	512-431-7779
	Lorna Allen, LBSW	Heavenly Care Senior Home Care & Statewide Moving	512-627-1644
Conference	Lee Bowman, RN	Bowman Insurance	512-836-1234

Looking for Food Sponsors for the Monthly Meetings

If you or your company is interested in sponsoring the food for our monthly meeting, please contact Lorna Allen, 512-627-1644 or Jessica Merritt, 512-431-7779. We have a couple of months open. Sponsors are given space in the newsletter to put their company's info and logo, space at the meeting for their collateral and time at the beginning of the meeting to talk about their company – don't delay, sign up now.