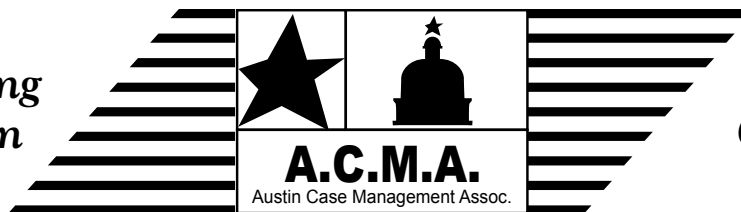


Continuing  
Education



Networking  
Opportunities

for Healthcare Professionals

April 2006

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

## Join us for our next meeting Tuesday, April 11 ★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, April 11, 2006, (Click here for [MapQuest Directions](#)) The meeting will begin at 11:45am preceded by lunch from approximately 11:15-11:45am.

You can RSVP on our web site, [www.austin-cma.org](http://www.austin-cma.org) Click on "RSVP", complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEU's.

Our speaker will be Knoel Babin, RNC, BSN, Outreach Coordinator at St. David's Pavilion Legends Programs for Older Adults. Knoel has been with the program since 1998. A psychiatric nurse for twenty-seven years, Knoel is a devoted advocate for older adults in Central Texas. She is continuously seeking out this underserved population to assure they receive appropriate mental health care services they so often need but have difficulty accessing.

She began her geriatrics career in 1992 where she worked for Horizon Mental Health Management in her native Baton Rouge community. She was responsible for managing a geropsychiatric unit. Prior to working in geropsychiatry as director of a similar geriatric psychiatric inpatient and intensive outpatient program in San Antonio, she worked as a nurse manager in Baton Rouge at a child psychiatric hospital and as their school liaison nurse.

After witnessing the draining effects of compassion fatigue in all manners of healthcare for more than two decades, Ms. Babbin's popular PowerPoint presentation has been an exciting and new creation for her.

We used to call it "burnout" when professional caregivers maxed out on stress. Research performed nationwide regarding Compassion Fatigue [CF] specifically since the 2001 attacks in NYC has presented an interesting twist on this old story of work-related stress and drama. Frontline medical professionals are negatively impacted by the relentless intensity of life-and-death scenarios of the workplace. The effects have not been fully explored in the past. CF is now known to severely impact health care providers personally, professionally and organizationally, interfering with or limiting their capacity to create nurturing, compassionate healing atmospheres required in today's demanding healthcare environments. Consumers with high expectations, in becoming more sophisticated and educated, will ultimately challenge us in healthcare settings to capably offer the "therapeutic use of self" to meet their needs.

The interesting recommendations Knoel will offer you will be immediately applicable in your work environment. She will conclude her lecture with surprisingly practical simple guidelines for career self-protection and coordinated team building.

### SPONSOR INFORMATION

Not coincidentally, April's sponsor is St. David's Pavilion! The Legends program at the Pavilion [[www.stdavidspavilion.com](http://www.stdavidspavilion.com)] is located on the campus of St. David's Medical Center. The Program is Austin's premier service for geropsychiatry, offering distinctive Inpatient and Intensive Outpatient [IOP] comprehensive care for seniors in Central Texas since 1989.

Staff members are experienced in this specialized niche of mental health care. The Pavilion's core staff of cohesive, locally renowned and dedicated professionals includes Physicians, LCSW therapists, RN, case managers and Admissions. Also included in our team are mental health technicians expertly skilled at Validation therapy, a novel way of interacting therapeutically with our beloved aging Texans and their families. Jaron Winston, M.D., has served as medical director and chief geropsychiatrist, since 1989.

This carefully crafted environment offers our Medicare patients aged 55 and above a positively gratifying therapeutic ambiance in which to recover from difficulties all too common in their "golden age".

The Pavilion is conveniently located at 1025 East 32nd St., Exit 236 o IH-35. Call for an appointment to schedule a confidential pre-admission assessment at (512) 867-5925 at any time.

## MEMBERSHIP NEWS

The 2006 ACMA Membership Rosters will be available at the April meeting. Please take time to look at the advertisers. It is with their continued support that we are able to maintain the low yearly dues.

If you did not renew your membership for 2006, you will be omitted from the mailing/email list. How-

### NEWSLETTER

We are looking for a member to volunteer a few hours each month to assist with the newsletter! Please contact **Cindy Hendricks** to discuss. She can be contacted at 512.633.9840.

If you have announcements for the month of May, please e-mail your topic and sponsor information by the 20th of April at [Newsletter@austin-cma.org](mailto:Newsletter@austin-cma.org).

ever, it is not too late to renew your membership. For your convenience we have attached the link to download the membership form on the ACMA web-site at: [http://www.austin-cma.org\\_forms.html](http://www.austin-cma.org_forms.html). If you do not have internet access, you can contact Cheryl Carter or Terri Martinez. We also accept membership applications at the monthly meetings.

### CONFERENCE NEWS

"The CEU event of the year"- Be a sponsor. Conference Sponsorships are still available!

St.David's Medical Center and Rehab Center has secured the Gold Sponsorship for 2006 and Austin Home Health has secured the SILVER level. We have several Bronze Sponsor Levels available at \$500.

Exhibitor booth reservation forms will be available April 1st on the web-site.

If you need additional information, please contact Lee Bowman at 512-836-1234 or visit the website.

## 2006 ACMA Officers and Committee Chairs

### President

Valerie J. Krueger – The Summit @ Northwest Hills

[president@austin-cma.org](mailto:president@austin-cma.org)

### Vice-President

Anne Hix, RT, BRST – House Call Doctors

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Lee Bowman, RN, Bowman Insurance/Austin Home Health  
[treasurer@austin-cma.org](mailto:treasurer@austin-cma.org), 512/836-1234

### Conference

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### Membership

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Terry Martinez, Parmer Woods Assisted Living

### Education

Mary Uherek, CCM, CDMS, St. David's Rehabilitation  
Lillian Philips, LMSW – Gentiva Health Services  
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