

Continuing  
Education



Networking  
Opportunities

for Healthcare Professionals

August 2011

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

**Please note: this month's meeting is at  
THE HERITAGE AT GAINES RANCH  
Tuesday, August 9 ★ 11:45 a.m.**

*This month's meeting will NOT be held at North Austin Medical Center Auditorium.* It will be held at The Heritage at Gaines Ranch at 4409 Gaines Ranch Loop on August 9. The meeting will begin at 11:45 a.m. preceded by lunch from approximately 11:15 - 11:45 a.m. Additional parking is available at the back of the property and at the LaQuinta Hotel right next door.

From the north, take MoPac (Loop 1) South. After passing the exit for Capital of Texas Highway (Route 360), exit Frontage Road. Take the first right at La Quinta onto Gaines Ranch Loop.

From the south, stay on the access road of MoPac (Loop 1) North. Pass Southwest Parkway and take the Turnaround over the freeway. After you cross over MoPac, continue straight onto Gaines Ranch Loop.

From I-35, take West Ben White Blvd. (Hwy 290/71) and exit at Capitol of Texas Highway (Route 360). Turn left onto MoPac (Loop 1) South. Take the first exit, Frontage Road and take the first right at La Quinta onto Gaines Ranch Loop.

There will be additional parking at the back of the property and at the LaQuinta Hotel right next door.

You can RSVP on our web site, [www.austin-cma.org](http://www.austin-cma.org). Click on "RSVP", complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs.

Our topic this month is "The Path To Easy Breathing," a very personal story told by our speaker **Sandy Norwood**. Sandy was working as a Certified Tissue Bank Specialist when an abrupt and devastating change in her health sent her down the path of needing a double lung transplant herself in 2009. Sandy not only presents her experiences as a transplant patient, but also answers questions about the donor and impact upon the donor's family.

**Sandy Norwood** is a retired licensed Funeral Director/Mortician and Certified Tissue Bank Specialist, and also has spent many years educating health care professionals and the public about Organ and Tissue Donation. Sandy has written and published a book about her transplant journey called "Breathing Easy...A Journey To Transplant". Now as a volunteer, Sandy continues to educate the community about organ and tissue donation and transplantation.

### This month's Food and Speaker Sponsors



Our meeting is being hosted by the Heritage at Gaines Ranch, an exceptional independent and assisted living community which is part of the Brookdale Senior Living Network. The Heritage is located at 4409 Gaines Ranch Loop, just south of the intersection of Mopac and 360, next to the La Quinta. The Heritage offers a full array of activities and senior services which includes their



beautiful indoor swimming pool, internet access in their library, a billiards room, and the fine dining experience offered by their culinary staff. When needed, healthcare and outpatient therapy services through Innovative Senior Care as well as home care through Personalized Living are available to support the overall philosophy of optimum wellness for residents. 512-721-3166

## National Immunization Awareness Month

**National Immunization Awareness Month** is observed in August, sponsored by the Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases (<http://www.cdc.gov/vaccines/events/niam/default.htm>)

The Centers say immunizations aren't just for babies and young kids. Vaccinations help protect all of us from serious diseases and illness.

### Young children:

- Children under age 6 get a series of shots to protect against measles, polio, chicken pox, and hepatitis.

### Preteens:

- All 11- and 12-year-olds need shots to help protect against tetanus, diphtheria, whooping cough, and meningitis.
- Doctors recommend girls also get the HPV vaccine to protect against the most common cause of cervical cancer.

### Adults:

- All adults need a tetanus shot every 10 years.
- Adults age 50 and older need a flu shot every year.
- People age 65 need a one-time pneumonia shot.

## ACMA meeting days and location subject to change

Please watch the newsletter carefully this year as several of our meeting dates and locations have changed. North Austin Medical Center is kind enough to allow ACMA to meet at their facility for free and occasionally they need to use the room on our "usual" meeting date. We will send out extra evite reminders when the meeting is on a different date or a different location to remind you. We are sorry for the inconvenience.

**Friendly Reminder: the November meeting will be on the third Tuesday, November 15th, at NAMC.**



## Check the website for Jobs and Events

Remember the "Job Posting" and "Events" tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to [newsletter@austin-cma.org](mailto:newsletter@austin-cma.org). (Posting subject to board approval.)

## ACMA 2011 Board of Directors

President	Valerie Krueger	Colonial Gardens	512-799-6515
Vice President	Stacie Dement	Health South	512-423-9250
Secretary	Jewel Jankas		512-468-5388
Treasurer	Lee Bowman, RN	Bowman Insurance	512-836-1234

## 2011 Committee Chairpersons

Membership	Terri Martinez	Parmer Woods	512-835-9080
Scheduling & Education	Laura McManus, LBSW Paul Hennessy Knoel Babin, RN	Central Texas Regional EMS Health South Texas Hospice	512-796-9068 512-544-8567 512-665-2222
Conference	Lee Bowman, RN	Bowman Insurance	512-836-1234
RSVP line	Anne Hix	Warm Springs	512-971-9170

## For those of you who have yet to receive your CEU certificate for either the Apria's March talk or for ACMA's conference:

Apria has the certificates and has attempted to either email them or mail. If you haven't received yours please contact: **Courtney Swift**, 512-667-4912 or [Courtney.Swift@apria.com](mailto:Courtney.Swift@apria.com).

For the ACMA conference: **Sheri Allen Wright** at [sheri@step-ahead-consulting.com](mailto:sheri@step-ahead-consulting.com)

## 2011 Membership Directories

The 2011 membership directories\* are still available. Pick one up at the August meeting. If you did not renew your membership for 2011, you will be omitted from the mailing/email list. However, it is never too late to renew your membership. For your convenience we have attached the link to download the membership form on the [ACMA website](#). If you do not have internet access, you can contact Terri Martinez.

We also accept membership applications at the monthly meetings. Membership is good from January 2011 through December 2011. To ensure you receive the newsletter via email, please be sure to include your email address on your application. Also, don't forget to specify which committee(s) you would like to serve.

**\*We ask that you respect the privacy of your fellow ACMA members and refrain from using their email and fax information for any advertising unless you have received prior permission from the member.**

## Directory Correction

Please note the correct address for **Acadian Ambulance Services** is 4100 Ed. Bluestein Blvd. #100, Austin, TX 78721. If anyone noted any corrections please email [Lee Bowman](mailto:Lee Bowman).