

Continuing  
Education



Networking  
Opportunities

for Healthcare Professionals

February 2010

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators



Join us for our monthly meeting

Tuesday, February 9 ★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, Feb. 9. The party will be held at the North Austin Medical Center in the Classrooms on the 2nd floor, from 11:30-1pm (Click here for [MapQuest Directions](#))

You can RSVP at [www.austin-cma.org](http://www.austin-cma.org). Click on "RSVP", complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs.

Our topic this month is "The Financial Aspects of Patient Transport" presented by David Phillips, BS, L.P. The financial aspects of patient transport are a common and difficult, challenge for case managers in virtually every setting. The rules, regulations and policies of multiple overlapping entities can make it very difficult to determine who is responsible for paying for a patient transport, and how much that transport will actually cost. This lecture will provide case managers with useful guidelines and resources to help them better respond to patient transport questions.

David Phillips is a licensed para-

medic and experienced administrator of medical transportation and emergency ambulance operations. He is the President and CEO of Central Texas EMS which provides non-emergency ambulance and wheelchair transportation from multiple bases, serving Waco, Temple-Belton, Williamson County and North and Northwest Austin/Travis County. For more information go to our



website [www.centraltexasems.com](http://www.centraltexasems.com). For transports 24/7 call 866-404-0911. To set up an in-service at your community or agency call Laura McManus at 796-9068.

Due to an unforeseen error Sherri missed the deadline for obtaining the CCM credit for our Feb. program. We will still have the Nursing, Social Work and Home Health Administration Credits for our Feb program. Sherri apologizes for the inconvenience to both Central Texas EMS and our members.

### Our food sponsor this month:

The newest hospital in the La Frontera area, Reliant Rehabilitation Hospital Central Texas opened in June 2008 at the northeast corner of CR 172 and Hester's Crossing. The hospital provides in- and outpatient services for restoring quality of life after an illness or injury such as a stroke or motor vehicle accident or following an elective procedure such as a knee or hip replacement. Reliant offers 75-private rooms and the facility features a heated arthritic saltwater pool for aquatic therapy. Reliant also offers physical, occupational and speech therapy. To make a referral or for more information call (512) 244-4400 or stop by for a tour at 1400 Hester's Crossing, Round Rock, TX or go to our website at [www.relianthcp.com](http://www.relianthcp.com)



## Conference Committee

The conference committee will meet Thurs. Feb. 4 @ 3pm at The Summit at Northwest Hills. It will be important that those on the committee attend the next few meetings as we have a lot of things to finish up and we will need "all hands on deck" so to speak.



## ACMA Annual Conference

*Come join us for a Caribbean cruise through the islands of great topics, speakers, exhibitors and food. SAVE THE DATE...April 22, 2010*

We would like to announce the 2010 sponsors: **GOLD:** Brookdale Senior Living; **SILVER:** Girling Health Care; and our **BRONZE** sponsors: American Home Patient, Encompass Home Health, Parmer Woods, a Merrill Garden Community, St. David's Rehab., CORE Health Care, Austin Lakes Hospital, Res Care Premier and Texas Home Health.

Watch the website for the list of speakers and topics that will be posted soon. The brochures will be mailed out to our members' mid-February along with a registration form online. Please feel free to share the brochure with your fellow "Case Managers". We all need those CEUs. So make your calendars for April 22nd, it will be an event you won't want to miss.



## Holiday Community Sponsor

Every holiday season the ACMA sponsors a community group that helps our local residents. This season ACMA was approached to help out a fellow case manager who many of us knew.

**Drew Baker**, age 39 was most recently a social worker with Encompass Home Health and was diagnosed with Chronic Lyme Disease as has not been able to work since January. His wife Yvonne had to quite work to help take care of him. They lost their house and moved into a small apartment where they are also raising their 8 year old daughter.

Drew was a dedicated home health social worker for years and a real champion for his clients. He is one of us and is so deserving of AMCA's quarterly donation. I am so thankful he was chosen. Drew and his family were able to attend the Home Health Council meeting on Dec 16th where he received the donation among others from our healthcare community.

Lyme Disease affects your immune system and makes you vulnerable to getting additional illnesses. He hopes to see a Lyme Disease specialist in Lubbock when he is able to save up enough money and make the trip

ACMA donated a \$250 gift card for HEB. Hopefully this will help Drew's family over the holiday season. Here is a note from Drew:

"My family and I would like to express our sincere thankfulness and appreciation for everything the group has done for us. Our thanks go out not only to the Austin Home Health Council, but to each and every agency, organization, and individual that played a part in yesterday's wonderful day. I'm usually only able to be out of bed for a day or so each week, and yesterday was the most wonderful and Blessed of all! We plan to send individual 'thank you' cards to each who graciously helped. However, several have donated anonymously. For those of you, I hope this email will find you and let you know how much you are appreciated.

Several of you asked me yesterday about Lyme Disease, and a few even expressed concerns over others (including family members), that have health issues such as severe Fibromyalgia, Chronic Fatigue, MS, etc. (illnesses of which the etiology may be unknown), and have wondered if it could be Lyme Disease. Obviously I am no physician, but I will say this: Unfortunately, it is still a very difficult disease to not only treat, but to test for (especially in the latter stages). Testing should be done at labs such as iGeneX or Medical Diagnostic Labs, which specialize in Tick-borne illnesses. With that being said, several, if not most, of those with a Lyme Disease diagnosis are diagnosed not solely on positive labs, but on symptoms and medical history, elimination of other illnesses, and exposure risks. It can be extremely complicated, which is why a Lyme Literate Medical Doctor (LLMD) should be sought if a positive lab is received and/or one suspects Lyme Disease as the culprit.

I spoke to several of you about a WONDERFUL documentary out entitled, "Under Our Skin", which thoroughly explains Lyme Disease, as well as the co-infections, etc. It also explains the heated political debate between the IDSA and CDC (who have restricted testing and treatment guidelines) and the LLMD's, ILADS, and patients diagnosed with Lyme (who understand the complexity and longevity of the illness).

I have the Under Our Skin DVD and would be happy to share it with each of you, but am restricted from copying it for everyone due to copyright infringement. If you are able, PLEASE see this movie. You can buy it from the website or add it to your Netflix list (coming soon to Netflix). It can provide you each with the knowledge to possibly impact in a positive way the lives of those who may be suffering from this illness.

Under Our Skin, see trailer at <http://underourskin.com/> or ILADS, <http://www.ilads.org/> and Further Lyme info, <http://lyme.org/>.

Again, thank you for a wonderful day."

Drew and Family

## ACMA 2010 Board of Directors

President	Valerie Krueger	The Summit at Northwest Hills	512-454-5900
Vice President	Stacie Dement	Health South	512-423-9250
Secretary	Jewel Jankas	A*Med Hospice	512-517-9913
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## 2010 Committee Chairpersons

Membership	Terri Martinez	Parmer Woods	512-835-9080
	Cheryl Carter		512-261-0111
	Valerie Krueger	The Summit at Northwest Hills	512-454-5900
Scheduling & Education	Lillian Phillips, LMSW,	Innovative Senior Care/Brookdale	512-529-0747
	Laura McManus, LBSW	Central Texas Regional EMS	512-796-9068
Conference:	Paul Hennessy	St. David's Rehab	512-544-8567
	Lee Bowman, RN	Bowman Insurance	512-836-1234
RSVP line	Anne Hix	Warm Springs	512-971-9170

## Membership News

It's that time again. The 2010 membership application is on our website at [www.austin-cma.org](http://www.austin-cma.org). You can either bring the completed form to the February meeting or mail it with \$30: ACMA, P.O.Box 141206, Austin, TX 78714-1206.

Membership is good from January 2010 thru December 2010. All renewals are due by March 2010. To ensure you receive the newsletter via email, please be sure to include your email address on your application. Also, don't forget to specify which committee(s) you would like to serve.

## Job Opportunities

Practical Care is looking for a Social Worker to run its Round Rock location. Must be willing to network and requires case management experience. Call 380-9339 or email Samantha Young at [Samantha@practicalcare.com](mailto:Samantha@practicalcare.com) for more info.

## New Website Features

Check out the new "Job Posting" and "Events" tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to [newsletter@Austin-CMA.org](mailto:newsletter@Austin-CMA.org). (Posting subject to board approval)

