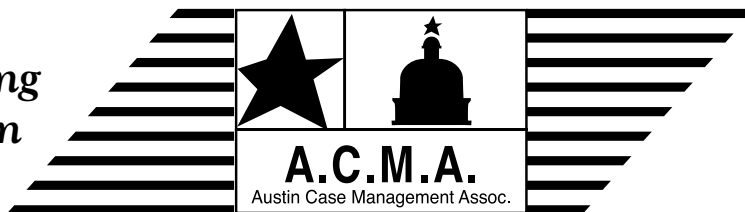


Continuing  
Education



Networking  
Opportunities

for Healthcare Professionals

January 2013

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

## Join us for our monthly meeting Tuesday, January 8 ★ 11:45 a.m.

This month's meeting will be at the Austin State Hospital, at the Nifty Fifty #626 Tuesday, January 8, 2013 ([Click here for Map Quest Directions](#)). The meeting will begin at 11:45 a.m. preceded by lunch from approximately 11:15-11:45 a.m. You can RSVP on our web site [www.austin-cma.org](http://www.austin-cma.org). Click on "RSVP", complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs. **PLEASE RSVP.**

With recent events in the news, it is imperative that healthcare providers in Texas have an increased awareness of the realities of mental health as well as the tools and knowledge to address them.

This presentation looks at the state of mental health in Texas with Texas specific statistics regarding suicide rates for all ages, cultures & military. The program also looks at mental health in the medical setting and the rates of comorbidity. The presentation helps clinicians identify the warning signs and risk factors associated with suicide and how to address the patient when he or she may be exhibiting these signs.

Speaker **Terri McBryde, MA** has been the Director of Business Development at Texas NeuroRehab Center

### This month's Speaker Sponsor

Since 1943, Texas NeuroRehab Center has specialized in the care of the medically complex patient. For more than 20 years, the medical rehabilitation program has provided a tradition of quality care with the goal of discharging every patient to the least restrictive environment. Texas NeuroRehab Center is a 147 bed campus with both psychiatric and medical treatment programs. These programs include: Long Term Acute Care/ Acute Medical Rehabilitation, Inpatient & Residential Substance Abuse/Dual Diagnosis Treatment, Child & Adolescent Hospital Based /Residential Neurobehavioral, and Child & Adolescent Partial Hospitalization & Intensive Outpatient.



since 2006. She oversees the medical and behavioral marketing at the 147 bed TNC campus. Terri has a background in speech therapy and has worked in behavioral health for over 30 years. She has served at a Jason Foundation liaison since 2005 and has provided numerous presentations on suicide awareness/prevention in the state of Texas. She also serves on the Texas Suicide Prevention Council.

Speaker **Heather Ledbetter LBSW-IPR** is Texas Neuro-Rehab Center's Regional Marketing Manager. Heather has a background in social work and has worked in a variety of medical and behavioral settings. She has worked for Texas Neuro in marketing for close to three years and previously worked for TNC's sister hospital, Austin Lakes, as the Business Development Director. Heather is a Jason Foundation liaison and has presented for the organization many times. Heather participates in several Travis & Williamson County mental health committees and task forces.

### Conference Committee Meeting

Calling all who are willing to REALLY help out. We will have our conference committee meeting immediately after the Tuesday, January 8 meeting.



### Save the Date: April 11, 2013

We would like to thank our Sponsors for the 2013 ACMA Conference:

Encompass Home Health, Acadian Ambulance Services, Silverado Senior Living, Centre for NeuroSkills, Heavenly Caregivers and Care Moving, Warm Springs Specialty Hospital, IntegraCare Home Health and CORE Health Care.

Exhibitor Booth Reservation Forms are now available on our site [on the vendor's page](#). If you have an interesting topic or speaker, feel free to email [conference@austin-cma.org](mailto:conference@austin-cma.org)

## This month's Food Sponsor



Heavenly Care Home Care/Personal Assistant Services is a locally owned and operated non-medical agency which is licensed, insured and bonded to provide home care/personal assistant services to people in their own homes, independent living, assisted living, skilled nursing, rehab and hospital settings. Our services are often desired or necessary to assist people in maintaining as much independence as possible. Heavenly Care provides people with medication reminders and assistance with activities of daily living such as bathing, dressing, grooming, toileting, incontinence care and other personal hygiene activities, as well as helping people with mobility. We also provide transportation, run errands, and help with meal planning, special dietary needs, light housekeeping and laundry services. We provide companionship and accompaniment to appointments. At Heavenly Care, we specialize in caring for people afflicted with various types of dementia and other neurological diseases, Parkinson's disease, and those on hospice. Our caregivers receive professional training and our management team is devoted to communicating with our clients and our caregivers, resulting in the highest quality services and satisfaction. Our services provide the benefit of one-on-one attention and care, which can allow you or a loved one to maintain a routine, thus providing comfort and peace of mind. Heavenly Care can provide services for one hour a day or up to 24 hours per day. Live-in caregivers are also available. Furthermore, you can continue to receive home care services for as long as you desire and we can adapt to your changing needs. Our rates are competitive and there are never any up-front fees. We will file and bill long-term care insurance. Call us today for a professional and complimentary assessment. We are available 24/7 at 512-340-0551. Feel the Heavenly Care difference!

## TIME TO RENEW! 2013 ACMA membership

The 2013 membership application is on our website at [www.austin-cma.org](http://www.austin-cma.org). You may bring the completed form to the January meeting. Membership is good from January 2013 thru December 2013. All renewals are due by April 2013. To ensure you receive the newsletter via email, please be sure to include your email address on your application. Also, don't forget to specify which committee(s) you would like to serve.

### ACMA 2012 Board of Directors

President	Stacie Dement	Health South	512-423-9250
Vice President	Terri Martinez	Parmer Woods	512-835-9080
Secretary			
Treasurer	Lee Bowman, RN	Bowman Insurance	512-836-1234

### 2012 Committee Chairpersons

Membership	Valerie Krueger	Colonial Gardens	512-799-6515
Scheduling & Education	Laura McManus, LBSW Lorna Allen, LBSW	Acadian Ambulance Service Heavenly Care Senior Home Care & Statewide Moving	512-796-9068 512-627-1644
Conference	Lee Bowman, RN	Bowman Insurance	512-836-1234
RSVP line	Valerie Krueger	Colonial Gardens	512-799-6515



**We would like to thank  
AUSTIN STATE HOSPITAL  
again for allowing us to  
have our monthly meeting  
at the Nifty Fifty Conference  
Room for 2013**

### Looking for Food Sponsors for the Monthly Meetings

If you or your company is interested in sponsoring the food for our monthly meeting, please contact Laura McManus, 512-796-9068. We have a couple of months open. Don't forget Sponsors are given space in the newsletter to put their company's info and logo, space at the meeting for their collateral and time at the beginning of the meeting to talk about their company – don't delay, sign up now.

### Check the Jobs & Events pages of our website

Remember the "Job Posting" and "Events" tabs on the website. If you have case management related job opportunities or a CEU or any other event, please email it to [newsletter@austin-cma.org](mailto:newsletter@austin-cma.org). (Posting subject to board approval).

