

*Continuing
Education*



*Networking
Opportunities*

for Healthcare Professionals

January 2005

Enhancing professional skills and relationships for Austin-area
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

Join us for our monthly meeting

January 11★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, January 11, 2005, (Click here for [MapQuest Directions](#)) The meeting will begin at 11:45am preceded by lunch from approximately 11:15-11:45am. You can RSVP on our web site, www.austin-cma.org Click on "RSVP", complete the information, and you are done. If you do not have internet access, please call the RSVP phone line, 860-8184, and leave a short message with the number of people attending. Visitors are welcome for a \$5.00 charge which includes lunch and the CEU's.

This month's topic, Innovations in Treatment with Hyperbaric Medicine, will be sponsored by North Austin Medical Center. The featured speaker is Cecilia Cervantes, MD., Medical Director of the Hyperbaric Wound Care and Lymphedema

Innovations in Treatment with Hyperbaric Medicine

On Tuesday, January 11, join NAMC's Hyperbaric Program Director Jim Conley, RN and Cecilia Cervantes, MD, Medical Director of the Hyperbaric, Wound Care and Lymphedema Center at NAMC for a program which will provide an overview of Hyperbaric Medicine and approved indications for treatment with this modality.

NAMC recently opened its Hyperbaric Services, which offers two multi-person hyperbaric chambers. The environment within the chambers is compressed air, which has two to three times more pressure than air at sea level. While inside the chamber, patients breathe 100% oxygen through a treatment hood. There are thirteen approved indications for Hyperbaric Medicine. The most common cases are diabetic foot ulcers, radiation tissue injury and compromised skin grafts. For more information, please call NAMC's Hyperbaric, Wound Care and Lymphedema Center at 901-1750.

Additional CEU Opportunities

WHEN: Tuesday, January 11th, 12:00 - 1:30 p.m.

WHAT: Free CEU Seminar & Lunch
1 Contact/Clock Hour for RNs/LVNs & Social Workers

WHERE: Arden Courts of Austin Alzheimer's Assisted Living
11630 Four Iron Drive Austin, TX 78750
(off Hwy. 183 & Spicewood Springs Road)

WHO: Dr. Tom Parker is certified in Internal Medicine, Hypertension and Vascular Medicine. A 1978 graduate of University of Texas Medical School, he also has graduate degrees from Texas A & M and Harvard. He joined HealthEssentials in 2004 where he provides primary care of geriatric patients as well as managing the Mobile Diagnostics Division of HealthEssentials Texas practice.

TOPIC: Interventions to Prevent Illness and Promote Health in the Geriatric Patient in LTC Facilities and at Home Dr. Parker discusses: Using health care quality indicators for each long-term care disease focus in the elderly and creating a Medical Plan of Care utilizing a HealthEssentials Assessment Tool for that health problem/QI. Bringing both a medical and nursing frame of reference to LTC care evaluation & management. Practitioners acting as a bridge to the entire care support network (HHA, Hospice, Rehab) and benefits to the patient of prompt evaluations & documentation.

R.S.V.P.: Barbara at 918-2800 by Noon on 1/10/05

NEWSLETTER

If you have announcements for the month of February, please e-mail Cindy Lawless your topic and sponsor information by the 20th of January at Newsletter@austin-cma.org and thank you to everyone for your responses.

MEMBERSHIP NEWS

It is time to renew your membership to ACMA. The board has elected to maintain the current membership dues of \$30. This entitles you to monthly CEUs, lunch and the opportunity to network with your peers throughout the year. We have enclosed an application for your convenience and it is also available on our web site. All monies and applications are due by March, 1, 2005.

A Message from Lillian Phillips, ACMA President

When you come to our January meeting, look around you. What do all of us have in common? We are all involved in the people business – we care for people through hospitals, doctor's offices, home health, medical equipment, and support services. Every month we get together and share food, CEUs, and a little bit of friendship and conversation. I'm proud of this organization and how far we've come. ACMA is not here to make money and we work hard to keep it that way so that our membership can include, not exclude, people. This past year we recognized that ACMA is a viable part of our community. Therefore, we have started giving back to the community through donations. Those donations come from your membership dues, so let us know if you have suggestions for potential recipients.

I look around and I am grateful for all the folks who have joined their talents to keep ACMA strong. But I also see a lot of potential. We need your help to keep growing. Think about our committees and where you might contribute. Our committee members not only contribute to the organization, they also develop a camaraderie with each other. If you can't join a committee, then talk us up and help the membership grow. Look around you...that's what I'll be doing. I'm looking forward to a great year with ACMA in 2005.

Lillian Phillips
President, ACMA

2005 ACMA Officers and Committee Chairs

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