

Continuing
Education



Networking
Opportunities

for Healthcare Professionals

July 2008

Enhancing professional skills and relationships for Austin-area
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

Join us for our monthly meeting

Tuesday July 8 ★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, July 8, 2008. (Click here for [MapQuest Directions](#))

The meeting will begin at 11:45am preceded by lunch from approximately 11:15-11:45am. You can RSVP on our web site www.austin-cma.org Click on "RSVP", complete the information, and you are done. Visitors are welcome for a \$5.00 charge which includes lunch and the CEUs.

Our topic this month "Updates in Breast Cancer" presented by Lisa Painter, FNP-C. Lisa will review the basics of breast cancer, including risk factors, different treatments and new genetic tests that we are using in our patients. Lisa is a nurse practitioner with Texas Oncology and involves caring for people as they go through their treatments as well as long term follow-up. Lisa works closely with two physicians so she is lucky to really get to know her patients. Much of her role is patient education – i.e., explaining cancer and their treatments in terms people can understand – so that they can be involved in their care. She also works with end-of-life care issues, preparing patients and their families. Lisa feels so lucky to work at Texas Oncology as they provide medical-based/science-based care; have a full research department with some of the newest treatments available. They have a wonderful staff, all of whom help people through their treatments. People feel like they're "family" which doesn't happen very often.

Our sponsors are



West Oaks Rehabilitation and Healthcare Center in South Austin is the premiere rehab center for SNF patients. What makes West Oaks the best? West Oaks averages 40 rehab-SNF patients every day and typically discharges 15 residents back to their homes every week – our average length of stay for a SNF patient is 30 days and we are constantly trying to make that shorter. Our goal is to return our patients back to the community as soon and as safely as we can.

Another reason for West Oaks' success is our rehab medical director, Dr. Greg Westmoreland, one of the most successful orthopedic surgeons in South Austin. We have 16 full-time therapists with educational experiences and specializations including NDT certification, balance retraining, neurological rehab, McKenzie certification and low vision training.

Our therapists also use the Nintendo Wii to make rehab fun and beneficial. Out of those therapists, we have 3 full-time speech therapists who are all vital-stim certified.

West Oaks residents get to select the food they want to eat. We call this our select menu and we do this every meal, every day.

Sometimes a rehab patient cannot safely return to their prior living setting and choose to stay at West Oaks long-term. West Oaks has 70 Medicaid beds available. Dana Howland is the Marketing & Admission Director, she's been with West Oaks since it opened, is available to assess on-site and will do anything she can to make the discharge process as easy as possible. You can reach Dana at (512) 736-3087 and her direct fax is (512) 282-0451.

ACMA 2008 Membership & Directory News

The 2008 Membership Directories are in and you can pick up your directory at the July meeting. If you did not renew your membership for 2008, you have been omitted from the mailing/email list. However, it is never too late to renew your membership. For your convenience we have attached the link to download the membership form on the ACMA website at: <http://www.austin-cma.org/forms.html> or fill one out at the monthly meetings. If you do not have internet access, you can contact Cheryl Carter, Terri Martinez or Valerie Krueger.



ACMA 2008 Board of Directors and Committee Chairs

2008 ACMA Board of Directors

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Lee Bowman, RN -Bowman Insurance, 512-836-1234

treasurer@austin-cma.org

Each year we ask our members to become more involved with the ACMA. Please consider joining a committee.

2008 Committee Chairpersons:

Membership

Terri Martinez-Parmer Woods, 512-835-9080

Cheryl Carter-Cornerstone Hospital 512-296-5106

Valerie Krueger-The Summit at Northwest Hills, 512-454-5900

Scheduling & Education

Mary Uherek, CCM, CDMS,

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Amy Braur, LCSW, Visiting Physicians, 407-8880

education@austin-cma.org

Conference

Lee Bowman, RN, Bowman Insurance, 512-836-1234

Job Opportunities: You may visit www.IMDjobs.com to check for new Medical positions.

Four Star Home Health has opportunities open for full time field LVN's and full time field RN's. We also have a full time in house RN Case Manager position available. Please contact **Heather Mendieta** at 512-864-9994. We are a locally RN owned and operated Medicare skilled home health agency. We'd love to have your talents as a part of our agency!!



Happy 4th of July!
Be safe, enjoy fellowship and
have a wonderful 4th.