

Continuing
Education



Networking
Opportunities

for Healthcare Professionals

Novemember 2009

Enhancing professional skills and relationships for Austin-area
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

Join us for our monthly meeting

Tuesday, November 10 ★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, November 10, 2009. (Click here for [MapQuest Directions](#))

This month's topic is "Modern Treatment and Repair of Hernias" presented by Dr. Jeanne-Pierre Forage. Dr. Forage has been in private practice as a surgeon in Austin since 1989. He is certified in microvascular surgery, laser surgery, and laparoscopic surgery. However, his expressed enthusiasm is focused on the diagnoses and treatment of hernias. That enthusiasm inspired him to approach ACMA and volunteer his time by offering his educational

as well as engaging presentation. Dr. Forage's talk will include the definition and location of hernias, symptoms, degrees of herniation, and treatment options.

Our sponsor this month

Texas Home Health has been committed to excellence in home care since 1969. That commitment is as strong today as it was over 40 years ago. By providing quality care through a full continuum of home care services,



using trained and skilled professionals, our goal is to exceed the expectations of our communities, caregivers, clients and patients. Through personalized teaching, guiding, assisting, customer service and client care we provide the highest level of independence and dignity to people in their home.

Our Safe Life at Home specialty programs are designed to add a higher level of care for those who can benefit. We currently offer a fall prevention specialty program and an orthopedic program. Contact us at 512-343-0093.

ACMA Annual Conference

SAVE THE DATE...April 22, 2010

Come join us for a Caribbean cruise through the islands of great topics, speakers, exhibitors and food.

Ja'makin
Sense
of Case
Management

We would like to announce the 2010 sponsors: **GOLD**; Brookdale Senior Living. **SILVER**; Girling Health Care and our **BRONZE** sponsors; American Home Patient, Encompass Home Health, Parmer Woods, a Merrill Garden Community, St. David's Rehab., CORE Health Care, Austin Lakes Hospital, Res Care Premier and Texas Home Health. The Conference committee is working hard to finalize the topics and speakers which will be posted soon along with the Exhibitors Brochure which will be in the mail soon..

SOCK Drive

We need new socks and toiletries for our holiday gift drive.

This will be the last month that we will be collecting socks and stuff for the Ladies from Delta Kappa gamma-an International Teachers Honor Society. Each year they make up bags for the needy in nursing homes. Well this year the ACMA is going to help them out with having a "SOCK" drive. We are asking our members to bring a NEW pair of socks to the Oct. and/or Nov. meetings. We will collect them and give them to the ladies to add to the bags. Along with the socks you can also bring travel size shampoo, lotion, combs, etc too. (Make sure they are NEW). Valerie said that if a company(s) want to contribute a large number of socks and supplies that she will have their name listed.



Membership News

If you didn't pick up the 2009 membership addendum at last month's meeting you may pick one up at the November meeting or if you need a 2009 membership directory we will have a few at the meeting as well. Don't forget if you have changed your email address, employment, or address, please let membership know so we can ensure that you continue to get the newsletter. The 2010 Membership forms will be sent out in the January Newsletter.

Elections for the 2010 Board of Directors

The end of the year is fast approaching and it is that time to elect our new board. If you are interested in serving on the board, please contact one of the 2009 board members. Once the new Board has been nominated we will be emailing out the 2010 Ballots after the November meeting.

ACMA 2009 Board of Directors and Committee Chairs

Co-Presidents	Knoel Babin, RN Cyndie Lefler, RN	HealthSouth HealthSouth at Home	512-656-5522 512-479-3608
Vice President	Valerie Krueger	The Summit at Northwest Hills	512-454-5900
Secretary	Stacie Dement	Health South	512-423-9250
Treasurer	Lee Bowman, RN	Bowman Insurance	512-836-1234
2009 Committee Chairpersons:			
Membership	Terri Martinez Cheryl Carter Valerie Krueger	Parmer Woods The Summit at Northwest Hills	512-835-9080 512-296-5106 512-454-5900
Scheduling & Education	Lillian Phillips, LMSW, Laura McManus, LBSW Paul Hennessy	Innovative Senior Care/Brookdale Practical Care Continuum St. David's Rehab	512-529-0747 512-380-9339 512-544-8567
Conference:	Lee Bowman, RN	Bowman Insurance	512-836-1234

New Website Features

Check out the new "Job Posting" tab and "Events" tab on the website. If you have case management related job opportunities or a CEU or any other event, please email it to newsletter@austin-cma.org. (Posting subject to board approval). If you have case management related job opportunities or a CEU or any other event, please email it to newsletter@austin-cma.org. (Posting subject to board approval)



Job Opportunities

Family Eldercare- Family Eldercare as collaboration with the Austin Housing Authority and multiple non profits in the aging industry, including AGE oversee Federal Administration on Aging grant funded Community Innovations for Aging in Place project. They are looking to hire a Project Manager right away for this 3 year grant and then several service coordinators. Visit ACMA's website for the complete listing of the positions or contact Joyce Hefner of Family Eldercare: jhefner@familyeldercare.org.

HealthSouth Rehab Hospital of Austin is looking for VOLUNTEERS. As a Volunteer for HS hospital you could assist with Meeting-and-Greeting the patients and family members, read to the patients, work in the Mobility Garden, or help with light office duties. If you would like to Volunteer, please feel free to contact us directly at 512/479-3540, or you can email doris.moon@healthsouth.com

Upcoming Events

Austin Community College, in partnership with ArrangeCARE PC, will offer Austin's first-ever **Validation® Worker (level one) Certification Course** beginning in November 2009. The course, comprising five 2-day course blocks over the coming year, is open to care giving professionals and others who want to improve their ability to relate to and communicate with elders with Alzheimer's-type dementia and improve the elder's participation in community life. To earn Certified Validation® Worker status, students must complete five theory/instruction sessions and twenty-six weeks of hands-on practice in the Validation Method of dementia communication and pass final written and practice exams. Each session consists of two full days of instruction, and all practicum work must be documented in writing. Two sessions with clients must be videotaped for evaluation purposes. Continuing education units will be provided for social workers, nurses, licensed chemical dependency counselors and are being requested for certified care managers and certified guardians. The course will be taught by Vicki de Klerk-Rubin, B.A., M.B.A., C.V.M., an International Validation® Master who is a Registered Nurse (Dutch Equivalent) and the European Manager of the Validation® Training Institute. Tuition is \$1000 (not including text book). To register, call 512-223-7542 or go online to <http://www.austincc.edu/ce/> and register for the course SCWK 1075 100 97254 Validation Worker Certification.

M.S, A.C.S.W., C.V.M., Executive Director of the Validation® Training Institute, will return to Austin on Nov. 4, 2009 to present a one-day introductory workshop on the Validation® Method, developed over her lifetime of working with persons who have Alzheimer's-type dementia. Validation® enhances the quality of care given to elders with dementia. It improves caregiver morale and dedication and interpersonal relationships as well. Validation® enhances the quality of care given to elders with dementia. It improves caregiver morale and dedication and interpersonal relationships as well. Validation® is for family members, activity directors, aides, nurses, social workers, administrators, clergy, mail carriers, law enforcement officers, I.e., anyone in frequent contact with disoriented elders and their caregivers. For more information about Validation®, visit www.vfvalidation.org. The workshop, hosted by Gray Panthers of Austin with the support of a number of community sponsors, will be held from 8:30 a.m. - 4:30 p.m. on Nov. 4, 2009 at the Norris Conference Center, 2525 West Anderson Lane #365, Austin, TX 78758. To receive a registration form, email graypanthers@grandecom.net or phone 512-458-3738 and leave your contact information, preferably email. Registration fees are \$25 for family members, nurse's aides, and students; \$50 for activity directors; and \$75 for nurses, social workers, and activity directors. Continuing education credits (6) are approved for nurses and social workers and are being requested for facility administrators.

Naomi Feil Validation® Method Workshop Naomi Feil,