

Continuing  
Education



Networking  
Opportunities

for Healthcare Professionals

October 2009

Enhancing professional skills and relationships for Austin-area  
Nursing Professionals, Social Workers, CCMs, CRCs, CDMs and Home Health Administrators

## Join us for our monthly meeting Tuesday, October 13 ★ 11:45 a.m.

This month's meeting will be at North Austin Medical Center Auditorium on the 2nd floor, Tuesday, October 13, 2009. (Click here for [MapQuest Directions](#))

This month's topic is "Why Do We Do That" presented by **Jennifer Scott**. Do you ever ask yourself why does a person who has Alzheimer's or a related Dementia behave and say the things they do? This session will answer that question and other topics related to providing care for those affected by Alzheimer's disease and related dementias. Ms. Scott is the Vice President of Facility Development and Operations for the Tree of Life Care Group (TLCG), LLC. Ms. Scott has been in healthcare since 1984, working with a variety of people with disabilities. In 1996 Ms. Scott began working with people who have Alzheimer's disease. She has been the Administrator for a certified assisted living for people who have Alzheimer's disease and she has been the Administrator of General Assisted Livings. She joined the Tree of Life Care Group team in 2007. She is on the faculty of the Center for Health Services Education and Research, where she teaches the upper level division courses in Assisted Living Management and Alzheimer's and related dementia care. Ms. Scott graduated from The University of Maryland, Munich West Germany

Campus, with an Associate's Degree in Liberal Arts and from Texas State University with a Bachelor's degree in Recreational Administration. Ms. Scott has a Certified Assisted Living Manager Certificate, in the State of Texas.

### Our sponsor this month

Arveda Alzheimer's Family Care is a new community that is certified to care for people who have Alzheimer's disease or a related dementia.

At our home, we provide 24 hour assistance by specially trained staff.



We provide structured and appropriate activities 10 hours a day, 7 days a week, because activities are important to keep Residents engaged and feeling vital. Our Residents have their own private furnished bedroom and bathroom. We provide home cooked meals that are developed and supervised by a dietitian. Daily nursing supervision is provided and a special state of the art dementia monitoring system is used throughout the community. The secure backyard and patio allow our Residents to enjoy being outdoors in a protected environment. We are here to help. Please call for more information or stop by for a tour. 512-637-5400. Our address is 11013 Signal Hill Drive, just off 290W.

## ACMA Annual Conference

**SAVE THE DATE...April 22, 2010.**

We would like to announce the 2010 sponsors: **GOLD**; Brookdale Senior Living. **SILVER**; Girling Health Care and our **BRONZE** sponsors; American Home Patient, Encompass Home Health, Parmer Woods, a Merrill Garden Community, St. David's Rehab., CORE Health Care, Austin Lakes Hospital, Res Care Premier and Texas Home Health. Look for the Exhibitors Brochure in the mail soon.

Ja'makin  
Sense  
of Case  
Management

That's the 2010's conference theme. Come join us for a Caribbean cruise thru the islands of great topics, speakers, exhibitors and food.

The 2009 membership addendum will be available at the October meeting. If you still need a 2009 membership directory we will have a few at the meeting as well. If you have changed your email address, employment, or address, please let membership know so we can ensure that you continue to get the newsletter. For your convenience we have attached the link to download the membership form on the ACMA website at: [http://www.austincma.org/membership\\_forms.html](http://www.austincma.org/membership_forms.html). If you do not have internet access, you can contact Cheryl Carter, Terri Martinez or Valerie Krueger. We also accept membership at the monthly meetings. Membership is good from January 2009 to December 2009.

### Saying Good Bye is Hard to Do!

The ACMA Board would like to take a minute to say a sad Good Bye to

## Membership News

a very valuable part of our team. **Amy Braur** is leaving Austin for Washington, DC area. She will embark on an exciting new venture with her husband and family. Amy has been an intricate part of the Education committee with Lillian Phillips for the past few years and has brought us many interesting topics and speakers. She will be sorely missed. We all wish her well.

With that note, we would like to welcome our 2 new members to the Board of Directors/Education Committee: **Laura McManus**, LBSW with Practical Care Continuum and **Paul Hennessy** with St. David's Rehab. Both Laura and Paul have been members for several years. The board looks forward to working with them.

### Elections for the 2010 Board of Directors

The end of the year is fast ap-

proaching and it is that time to elect our new board. If you are interested in serving on the board, please contact one of the 2009 board members. Once the new Board has been nominated we will be emailing out the 2010 Ballots after the November meeting.

### New Website Features

We have added a "Job Posting" tab and separated the previous "Education/Events" tab on the navigation menu into two tabs: "Monthly Meetings" for the monthly meeting, education committee and sponsorship information and a separate "Events" tab for other events that are going on in the community.

So if you have case management related job opportunities or a CEU or any other event, please email it to [newsletter@austincma.org](mailto:newsletter@austincma.org). (Posting subject to board approval)

WIN A  
FLAT SCREEN  
TV!

# 5<sup>th</sup> Annual Coffee Talk at Genuine Joe

CELEBRATING FAITH IN ACTION CAREGIVERS – NORTH CENTRAL  
20<sup>TH</sup> ANNIVERSARY

Thursday October 22 • 4 – 6 pm

**GENUINE JOE COFFEEHOUSE**

2001 W. ANDERSON LANE (ACROSS FROM LACKS)

100% of the proceeds directly benefit FIAC –  
North Central, a group of 17 congregations  
working together to care for our older neighbors.

Enjoy an assortment of tasty desserts,  
while sampling specialty coffees and teas.

Admission: \$10 donation

Prizes include:

- ✿ 32" Flat Screen TV
- ✿ \$200 HEB gift cards
- ✿ ...and many more over \$50 value

Silent auction and raffle

(512) 380-9339

For more information, call



**PARMER WOODS**

A Merrill Gardens Community

*A one of a kind retirement community*



ID #(A) 030175,  
(B) 030176

## Job Opportunities

**RN Temp assignment:** Two (2) temporary Registered Nurses (RNs) are required for a period of four months in the NBS Program. The two RN's should be the equivalent of a Nurse III in the State of Texas Position Classification Plan. The two RNs will specifically work on older cases specific to Endocrine disorders. (Congenital Adrenal Hyperplasia and Hypothyroidism) Please have them send resumes to [Pamela.traenkle@gssaustin.org](mailto:Pamela.traenkle@gssaustin.org).

Manger Medical Management-Travis County Healthcare District is recruiting for a Manager - Medical Management Team. Under broad general direction, manages activities of medical management programs including Case Management, Disease Management, Utilization Management, and Pharmaceutical Management for the District's health services programs and supervises staff. Interested applicants please go to <https://home.eease.com/recruit/?id=343986> to read a full job description and to apply directly. If you have questions, please contact Human Resources: [karen.osborn@traviscountyhd.org](mailto:karen.osborn@traviscountyhd.org).

HealthSouth Rehab Hospital of Austin is looking for VOLUNTEERS. As a Volunteer for HS hospital you could assist with Meeting-and-Greeting the patients and family members, read to the patients, work in the Mobility Garden, or help with light office duties. If you would like to Volunteer, please feel free to contact us directly at 512/479-3540, or you can email [doris.moon@healthsouth.com](mailto:doris.moon@healthsouth.com).

Mark Catalano, LCSW with Carousel Pediatrics wanted to pass this message on. "It's regrettably official; I have 2 bilingual and 1 Spanish proficient social workers (LMSW) who will be on the job market in the next few weeks. Anything you can do to shop them around would be appreciated. I can get resumes out to any interested parties or put them into contact with the staff. All have been wonderful and flexible with me for the last few months. They have all kept positive, can do attitudes. They are very committed to patient care and working responsibly with clients. They all get along well with coworkers and are excellent social workers. I can provide more specific reference as needed." Mark's contact information is: Phone: 512.917.3822 and email: [mcatalano@austinkidz.com](mailto:mcatalano@austinkidz.com).

# ACMA 2009 Board of Directors and Committee Chairs

<b>Co-Presidents</b>	Knoel Babin, RN Cyndie Lefler, RN	HealthSouth HealthSouth at Home	512-656-5522 512-479-3608
<b>Vice President</b>	Valerie Krueger	The Summit at Northwest Hills	512-454-5900
<b>Secretary</b>	Stacie Dement	Health South	512-423-9250
<b>Treasurer</b>	Lee Bowman, RN	Bowman Insurance	512-836-1234
<b>2009 Committee Chairpersons:</b>			
<b>Membership</b>	Terri Martinez Cheryl Carter Valerie Krueger	Parmer Woods The Summit at Northwest Hills	512-835-9080 512-296-5106 512-454-5900
<b>Scheduling &amp; Education</b>	Lillian Phillips, LMSW, Laura McManus, LBSW Paul Hennessy	Innovative Senior Care/Brookdale Practical Care Continuum St. David's Rehab	512-529-0747 512-380-9339 512-544-8567
<b>Conference:</b>	Lee Bowman, RN	Bowman Insurance	512-836-1234

## Upcoming Events

**18th Annual Austin Memory Walk** on October 10, 2009 at the Alzheimer's Association. This critical fundraiser and awareness event supports research and resources for families, caregivers, and individuals affected by this disease in 17 central Texas counties. Over 1,000 Austinites will participate in the walk through Austin in support of the Capital of Texas Chapter of the Alzheimer's Association, and we invite you to be one of them, either through corporate sponsorship or team formation. Team members gather donations through community fundraising and a user-friendly website leading up to Memory Walk and participate as a group the day of the event. Lead sponsors at the \$5,000 level receive a banner and exhibit table at the event, their logo on chapter and event websites, and their prominent logo on the event t-shirt and flyer. Donations to the Alzheimer's Association are tax deductible. Thank you in advance for your support! For sponsorship opportunities and additional information, please contact Michaela Morris by phone at (512) 241-0420, ext. 16 or via email at [MMorris@TxAlz.org](mailto:MMorris@TxAlz.org).

**October is Breast Cancer Awareness Month**, and we hope you'll help us honor every person who has been touched by breast cancer by joining our first-ever American Cancer Society Make Strides While Making Breakfast event. Make Strides While Making Breakfast lets you host a breakfast at home, or choose to meet friends at one of your favorite dining spots. It's as easy as signing up online, making a personal donation of \$25, and then asking friends and family to join you. Together you'll be raising money to support the American Cancer Society's work to fight breast cancer and create more birthdays by helping people stay well, helping people get well, by finding cures, and fighting back against the disease. Contact the American Cancer Society for more information.

A Special CEU Breakfast Event: Oct. 24th 9:30-11:30am "The Challenges of Communicating with Seniors & families about Alternate Placement" presented by Lillian Phillips, LMSW (1 CEU for RN, CCMC, HHA, & SW) and "Introduction to Asset Based Long Term Care Solutions" presented by Roger Cantu, Regional VP of State Life Insurance Co.. The event is at Norris Conference Center and sponsored by Texas Assurance Care, Inc. \$5 covers the CEU & Breakfast. Reserve your seat by Oct 16th at [lynn@txassurancecare.com](mailto:lynn@txassurancecare.com) or call (512) 343-5400.

Austin Community College, in partnership with ArrangeCARE PC, will offer Austin's first-ever **Validation® Worker (level one) Certification Course** beginning in November 2009. The course, comprising five 2-day course blocks over the coming year, is open to care giving professionals and others who

want to improve their ability to relate to and communicate with elders with Alzheimer's-type dementia and improve the elder's participation in community life. To earn Certified Validation® Worker status, students must complete five theory/instruction sessions and twenty-six weeks of hands-on practice in the Validation Method of dementia communication and pass final written and practice exams. Each session consists of two full days of instruction, and all practicum work must be documented in writing. Two sessions with clients must be videotaped for evaluation purposes. Continuing education units will be provided for social workers, nurses, licensed chemical dependency counselors and are being requested for certified care managers and certified guardians. The course will be taught by Vicki de Klerk-Rubin, B.A., M.B.A., C.V.M., an International Validation® Master who is a Registered Nurse (Dutch Equivalent) and the European Manager of the Validation® Training Institute. Tuition is \$1000 (not including text book). To register, call 512-223-7542 or go online to <http://www.austincc.edu/ce/> and register for the course SCWK 1075 100 97254 Validation Worker Certification.

**Naomi Feil Validation® Method Workshop** Naomi Feil, M.S., A.C.S.W., C.V.M., Executive Director of the Validation® Training Institute, will return to Austin on Nov. 4, 2009 to present a one-day introductory workshop on the Validation® Method, developed over her lifetime of working with persons who have Alzheimer's-type dementia. Validation® enhances the quality of care given to elders with dementia. It improves caregiver morale and dedication and interpersonal relationships as well. Validation® enhances the quality of care given to elders with dementia. It improves caregiver morale and dedication and interpersonal relationships as well. Validation® is for family members, activity directors, aides, nurses, social workers, administrators, clergy, mail carriers, law enforcement officers, I.e., anyone in frequent contact with disoriented elders and their caregivers. For more information about Validation®, visit [www.vvalidation.org](http://www.vvalidation.org). The workshop, hosted by Gray Panthers of Austin with the support of a number of community sponsors, will be held from 8:30 a.m. - 4:30 p.m. on Nov. 4, 2009 at the Norris Conference Center, 2525 West Anderson Lane #365, Austin, TX 78758. To receive a registration form, email [graypanthers@grandecom.net](mailto:graypanthers@grandecom.net) or phone 512-458-3738 and leave your contact information, preferably email. Registration fees are \$25 for family members, nurse's aides, and students; \$50 for activity directors; and \$75 for nurses, social workers, and activity directors. Continuing education credits (6) are approved for nurses and social workers and are being requested for facility administrators.

## SOCK Drive

If you remember, last year our Holiday Community Sponsor was the Ladies from Delta Kappa gamma-an International Teachers Honor Society. Each year they make up bags for the needy in nursing homes. Well this year the ACMA is going to help them out with having a "SOCK" drive. We are asking our members to bring a NEW pair of socks to the Oct. and/or Nov. meetings. We will collect them and give them to the ladies to add to the bags for their Holiday gift bags. Along with the socks you can also bring travel size shampoo, lotion, combs, etc too. (Make sure they are NEW). Valerie said that companies who want to contribute a large number of socks and supplies may have the company name listed.



*We need new socks and toiletries for our holiday gift drive.*